

MINUTES
San Bernardino County
BEHAVIORAL HEALTH COMMISSION PUBLIC SESSION
April 7, 2011 - 12:00-2:00 pm

Commissioners Present:

Bill Swift, Chris Massa, Tanya Perry, Susan McGee-Stehsel, Gabriel Gonzales, May Farr, Veatrice Jews, Roberto Casas, Jane Mercer, Tom Rivera, Monica Alonso, Jane Godager, Monica Wilson, and Talli Simmons on behalf of Supervisor Neil Derry.

Excused Absent: David Ford, Michael Hill,

Guests:

Dianna Lee, Field Representative for Supervisor Janice Rutherford; Pamela Nickell, Inland Valley Recovery Services; Susan Burns, FACT/CORE Telecare; Peg Stidhan, Ed Marble, Terry Hansberger, Mike Herbart, TEAM House; Gil Navarro, Advocate; Clark Johnson, West End Family Counseling; Gwen Rodgers, EMQ FamiliesFirst; Rololfo Pinon, Casa de San Bernardino; Gwen Knotts, Knotts Family Services; Sandy Mortenson, Claudia Arcieniga, Colton, Redland, Yucaipa ROP; Linda Hart President African American Mental Health Coalition; Faith Ikeda President Pathways to Recovery; Darleane Feivou, Public; Allan Rawland, Director, CaSonya Thomas, Assistant Director, Veronica Kelley, Doris Turner, Jim Granger, Manuel Aybar, Jason Hill, Megan Cuy Castellanos, Douglas Fazekas, R. Garcia, Tracy Bomberger, Crista Wentworth, Larisa Crossno, Donald Charboneau, Cheryl Long, Erica McCollum, Mariann Ruffolo, Linda Porter, Catherine Palmer, Christina Entz, Cynthia Curbow, Domingo Rodriguez, Tania Castrejon, Harvey Larkin, Debi Pasco Clerk of the Behavioral Health Commission, DBH

CALL TO ORDER, INTRODUCTIONS AND MINUTES FROM LAST MEETING

Chairperson Susan McGee-Stehsel called the meeting to order at 12:02 p.m. Self introductions followed.

Debi Pasco, Clerk of the Commission, announced the reappointment of Veatrice Jews, Fifth District, to the Behavioral Health Commission by Supervisor Josie Gonzales on 3/15/11.

Members of the Commission approved today's agenda. Behavioral Health Commission minutes of 3/3/11 were approved as written.

CULTURAL COMPETENCY AWARD OF EXCELLENCE – April 2011

Catherine Palmer, LCSW, has been a DBH Clinical Therapist at Phoenix Community Counseling for 4 years. She works primarily with children, ages 5-18, and their families. If parents are not able to bring their child to appointments at the clinic, she tries to go out to the schools to do therapy when needed. If she sees that the family is struggling with finances, she refers them to case management services.

Nomination:

"Catherine provides excellent service to all her clients and families. She works tirelessly with diverse families who sing her praises. She works with very challenging situations at a very challenging time. She is able to assist Latino, Black, and White families and children and works well with outside educational partners a very trying time. It's not often multilingual high needs families sing staffs praises, but with Catherine it is a constant phenomena."

Gil Navarro, student and family advocate, stated Catherine provides the highest "quality of service" to her clients. Congratulations Catherine!

PUBLIC COMMENTS

No comments provided

CHAIRPERSON'S REPORT

Chairperson Susan McGee-Stehsel stated that the 3/29/11 5th District Advisory Committee (DAC) meeting held at the New Hope Family Life Center was very well attended. Assistant Director, CaSonya Thomas is vested in stakeholder input. Susan also attended the State of the County event held on 4/6/11. The energizing presentation contributes to the overall health of the county and job potential.

At the 3/3/11 Behavioral Health Commission meeting an item was brought to the attention of the Commissioners regarding Pathways to Recovery Clubhouse outings. Clubhouse members requested assistance in obtaining approval from DBH to attend cultural events at the Dorothy Ramon Learning Center in Banning one Saturday a month. The issue has been resolved and Pathways to Recovery Clubhouse members have been approved to attend this event on a monthly basis. Faith Ikeda, Chairperson, Pathways to Recovery was provided a copy of the memo.

The Chairperson called for a moment of silence for yet another large magnitude earthquake in Japan this morning.

COMMISSIONER REPORTS

First District:

Commissioners Bill Swift and Gabriel Gonzales had the opportunity to present Behavioral Health Commission (BHC) Certificates of Appreciation to staff of the Victorville and Barstow Clinics in March... DBH clinics do a wonderful job providing diverse services and changing people's lives. Gabriel mentioned that he and Bill were just as excited to present certificates as staff was to receive them.

Second District:

Commissioner May Farr participated in the Cultural Competency Vietnamese Trauma Program. The speaker was directly involved in the Vietnam War and the atrocities that occurred. May will attend the CA Local Mental Health Boards and Commission meeting in Orange County on April 28-30. The Mental Health Clothing Drive will be held the first 2 weeks of May; for every 2 bags donated to Goodwill, NAMI will receive a \$10 clothing voucher for consumers. NAMI is holding a fundraiser on 4/28/11 at Souplantation in Rancho Cucamonga from 5-8pm. Souplantation will donate 20% of sales generated by our organization towards Evening with the Stars.

Third District:

Commissioner Tom Rivera attended the Shine a Light on Child Abuse award ceremony. Director Rawland and many others were honored. Tom also joined Promotores de Salud at Nunez Park, along with DBH staff Manuel Gomez, Sonia Rubio and Larisa Crossno. Promotores have been addressing the problem of bullying in schools.

Commissioner Chris Massa will attend the Mental Health Boards and Commission Data Training sponsored by the California Institute of Mental Health on 4/30/11. This is a combined training for Riverside and San Bernardino County. The next 3rd District DAC meeting will be held on 4/26/11. Evening with the Stars will be held on 5/18/11 at the Double Tree Hotel in Ontario. The DBH State of the Department will be held on 6/27/11 at BHRC Auditorium.

Commissioner Tanya Perry, Secretary, attended the Shine a Light on Child Abuse award ceremony on 3/31/11. Director Allan Rawland was recognized for a Lifetime Advocate Award. She also attended the State of the County event, which focused on the new Vision of San Bernardino County.

Fourth District:

Commissioner Monica Wilson, Vice Chair, traveled to Washington DC along with Congressman Grace Napolitano and Ron Artest of the Los Angeles Lakers to advocate for the Mental Health in Schools Act. As a member of the CA Mental Health Planning Council, Monica will attend the next meeting scheduled for April 27-29 in Orange County. The next 4th District DAC meeting will be held on 4/28/11 at the Family Service Agency in Fontana.

Fifth District:

Commissioner Veatrice Jews, Treasurer, thanked Assistant Director CaSonya Thomas for attending the 5th District DAC meeting to provide an update. Items discussed included:

- Community members unaware of services provided – collaborate; use fairs to announce providers; get to know one another; exchange ideas.
- Gil Navarro had concerns regarding student assessments – Assistant Director Thomas has spoken to Mike Schertell, Deputy Director, who will take the lead on this concern.
- Community based organizations request for RFP start-up financing – Assistant Director Thomas stated flexibility is possible.

In March, Veatrice presented certificates of appreciation to staff at Mesa Clinic in Rialto.

Commissioner Jane Godager also attended the State of the County event.

DIRECTOR'S REPORT

Director Rawland acknowledged the attendance of Dianna Lee, Field Representative for Supervisor Janice Rutherford and Tally Simmons, Constituent Services Representative for Supervisor Neil Derry. He commended the Commissioners for recognizing DBH clinic staff with certificates of appreciation and hopes it will continue as an annual tradition.

FY 2010-2011 Federal, State and County Budget

The state budget situation is not settled; there is still outstanding \$12 billion not resolved. At the federal level, AB100:

- Redirect \$862 million of MHSAs funds from the state level to the counties.
- Did not modify intent of stakeholder involvement
- Eliminated MHSAs approval process by the Department of Mental Health (DMH) and the Mental Health Services and Accountability Commission (MHSOAC)
- Controller will be responsible for distribution of funds for MHSAs Plans

The nuts and bolts of AB100 will be discussed at next week's CA Mental Health Directors Association (CMHDA) and CA Mental Health Services Authority (CalMHSA).

We should have more specifics about the MHSAs approval process and Realignment funding at the May meeting. Our county is committed to stakeholder participation and collaboration.

Department of Public Health and Behavioral Health Community Health Assessment

Director Rawland introduced Tim Johnson, Staff Analyst II, Public Health (DPH), who in collaboration with a team of staff from DPH, ARMC, and DBH will conduct a community health needs assessment over the next 18 months, resulting in a profile to identify gaps in service. The team will meet with community members, key stakeholders, diverse consumers, service providers, health experts and department staff for input. To avoid duplication of information we will work with multiple agencies to conduct a thorough evaluation, and use results as a baseline.

Linda Hart asked if the team will be working with the African American Health Institute, the African American Mental Health Coalition and faith-based community. *Yes, key stakeholders will be identified and involved.*

Who shall we contact?

- Sarah Eberhardt-Rios: seberhardt-rios@dbh.sbcounty.gov; 909/382-3037
- Veronica Kelley: vkelly@dbh.sbcounty.gov; 909/382-3100
- Tim Johnson: tjohnson@dph.sbcounty.gov; 909/387-9105

SPECIAL PRESENTATION:

Pamela Nickell, Youth Service Coordinator, from Inland Valley Drug and Alcohol Recovery Services (IVDARS) stated their agency assists individuals to break the cycle of addiction. IVDARS has expanded youth services for youth ages 10-25 years through a Prevention and Early Intervention (PEI) contract. Services include; gang intervention, alcohol

and drug, truancy, criminal element, juvenile drug court, bus passes to get to group and field trips, an incentive program, and a 24-hour hotline to speak with counselors – all at no cost to client.

Linda Hart asked which PEI Program they are contracted under. *The contract falls under the National Curriculum and Training Institute Crossroads Education Program.*

Director Rawland recently provided opening remarks at IVDARS annual graduation. He stated that graduations from behavioral health programs are a rewarding experience and encouraged all to attend when provided the opportunity.

Upcoming Special Presentations include:

- 5/5/11: County and District Demographics Part II by Dr. Keith Harris, DBH Research and Evaluation
- 6/2/11: County of San Bernardino Cultural Competency Plan by Veronica Kelley, DBH Deputy Director
- 7/7/11: MHSA Innovation Projects by Isaac Jackson, DBH Program Specialist II

MHSA FY 2011-12 ANNUAL UPDATE PUBLIC HEARING

Mariann Ruffolo, MHSA Coordinator discussed the advertising that was used to notify the public and stakeholders of community meetings, plan posting and subsequent public hearing. The plan was posted online from 2/28/11-4/6/11 for the public review and comment period. No comments were received during the posting process and the plan was submitted on 4/11/11.

Commissioner Gabriel Gonzales reminded everyone to include the Lesbian, Gay, Bisexual, Transgender, & Questioning (LGBTQ) community in stakeholder input.

NEW BUSINESS

The members of the Commission approved payment of \$300 for CA Local Mental Health Boards/Commissions (CALMHB/C) annual membership dues. CALMHB/C is a statewide organization that assists local mental health boards and commissions to carry out their mandated functions and advocate at the state level as a unified voice.

OUTSIDE AGENCY AND OTHER REPORTS

Jim Granger, Clinic Supervisor, Homeless Program announced that TEAM House has provided hot, fresh meals for approximately 25 people a day for the past 7 years. Jim presented a Certificate of Recognition to Volunteer, Peggy Stidman, who is responsible for preparing great meals every day. Thank you, Peggy!

Lynn Neuenswander, Public Information Officer introduced new DBH employees, Tania Castrejon and Harvey Larkin, who work the CARE Desk in the lobby of Mesa Clinic to link individuals to over 125 additional resources. Tania shared a few success stories.

Lynn also announced the following May is Mental Health Month activities:

- Evening with the Stars, Doubletree Hotel in Ontario - 5/18/11
- Stomp Out Stigma Pep Rally, County Government Center - 5/17/11
- Nothing to Hide: Mental Illness in the Family Traveling Exhibit
 - 4/29/11-5/12/11: San Bernardino County Museum
 - 5/13-31, 2011: San Bernardino County Government Center
- Consumer Art Exhibit, County Government Center, 5/2-31/11

ADJOURNMENT

Being no further items to discuss the meeting was adjourned at 2:00 p.m.

Susan McGee-Stehsel
Chairperson

Debi Pasco
Clerk of the Behavioral Health Commission